

2009 Capacity Building Workshop – Hội Thảo Xây Dựng Tiềm Năng 2009

Seeds of change: In the interest of the child
Hạt giống mới: Vì quyền lợi của trẻ em

Fri-Sat, 17-18 July 2009 – 8:00am – 5:00pm
Trung tâm Sao Mai, đường Vũ Trọng Phụng
Quận Thanh Xuân, Hà Nội

"Seeds of Change: In the Best Interest of the Child" is the theme for a series of on-demand workshops on social work, building self-esteem and child development, targeted to educators, counselors, and other childcare providers, with the goal of providing practical skills for successful living. The workshops are conducted by member organizations of the VA NGO Network for their local partners, staff, and volunteers.

Please pass along this information, and encourage your staff and volunteers to sign up early. Workshop attendance and materials are complimentary to member organizations of the VA NGO Network, their staff and volunteers. Space is first limited to three participants from each VA NGO Network member, on a first-come, first-serve basis. This workshop will emphasize on the topics:

Effective Communication – Presenting You! Knowing how to present yourself is an important skill to succeed in society. Participants will learn to list their marketable skills, and to present them by verbal or written method to enhance their professional growth. This workshop will be conducted as a two-day-long living inquiry into the relationship between learning and leading, applying the term 'leader' to anyone who influences people and events. Participants will: The workshop includes:

- Develop a link between deep personal values and the ways they choose to affect people in the workplace
- Get practical ideas on: Building self-esteem and Developing reflective and thinking skills on a creative level.

Learning through Play

How does play prepare for learning? How can parents/teachers encourage children's play? This hands-on workshop will address the importance of play and brain development. This workshop will help participants to explore a greater appreciation of art and enhanced language learning.

The workshop includes:

- Exploring five senses
- Using music and movement to teach language
- Using poetry and story, we will work/play to bring the spoken words alive, filled with gesture, color, imagination, and life. Learn some of the basic elements of storytelling.

Setting Limits: How to make children feel good about themselves.

Limits are set to assure the safety of children and adults as well as the acceptance of responsibility for one's actions. This workshop provides information on the importance of setting limits with children, on techniques and strategies used in positive disciplines, as well as special focus on communicating with love and respect. Participants will learn the tools needed to stop disruptive behavior when it happens and to gain the cooperation that is expected, without giving in or exhausting oneself with coercive power struggles. Participants

will learn some wonderful and fun ways to introduce limits into day care and the home. This workshop also offers songs and games to use during daily routines and transitions. Turn stressful times into fun and playful games!

Clinical Social Work with Children and Youth: A Clinically Interdisciplinary Approach

The workshop addresses clinical social work skill of a social worker when working with youths including crisis interventions, investigations/interviews, interventions/treatment plans, and case management/follow-ups.

Children Civic Education

The workshop enables participants to gain a greater understanding and appreciation of concepts such as civic knowledge, skills, and to connect such concepts in working with young children to help them learn the responsibility of citizenship to practice.

Language Development: How To Make Books Fold, Cut & Stitch

Kids love to find out how books are written, how pictures are created, and the publishing process that puts those books on the shelf. Participants will learn the steps of creating small, illustrated books, including accordion-fold books, creative literary and visual experiences of the imaginations of young children. Participants will enjoy hands-on activities which encourage creative

Nutrition for Healthy Living

How nutrition in everyday foods can play an important role to healthy living? What better nutrition means to children? What foods are nutritious? This workshop will discuss the major food groups and portions, valuable nutrient-rich foods, and how to preserve the nutrients in cooking, the main meal of the day and hygiene around food. Nutritious snacks will be prepared and participants will also practice some simple stretch exercises to release stress.

Cooking and Learning With Children. *Young children* are sensory learners: They use all their senses to explore the world. Cooking with children isn't only fun and rewarding, it is educational for children and can help faddy eaters to try more foods. Participants will learn some fun ways to make simple and nutritional snacks for children.

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Who should attend?

- Staff/volunteers of NGOs and grassroots organizations working in rural communities; school personnel and all personnel involved with education projects.
- Staff/Volunteers who want to sharpen their skills on how to present or talk to others and/or the media about their work and their nonprofit organizations
- Professionals who want to polish their presentation skills to increase capacity

Register today! Email caroline@va-ngo.org

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